

Due to processes within our kitchen environment, dishes may contain one or more of the 14 allergens including traces of nuts and/or gluten. Please inform your server if you have any food allergy, intolerance or sensitivity so they can provide further information on ingredients and preparation procedures.

V – VEGETARIAN VE – VEGAN
 VVA – VEGAN VERSION AVAILABLE
 GF – GLUTEN FREE GFA – GLUTEN FREE AVAILABLE



NORTHERN SOLE / SPINNING SMALL PLATES

KITCHEN & COMMON ROOM

All Dishes Served Small Plate/Tapas Style Portions.

THE MAINS

All 8 each.

Sticky Korean Crispy Chicken)))

Sole fried chicken with a sticky, sweet and spicy Asian sauce topped with sesame seeds & spring onion.

Salt & Pepper Prawn 'No Bread' Taco With Mango Salsa

Breaded lightly spiced prawns with house mango salsa, pepper, onion & coriander salsa topped with mango chutney.

Indonesian Nasi Goreng With Chicken, Prawn or Veggies))

(Contains Shrimp Paste)

Indonesian stir-fried rice with chillies, spring onion, carrot, mange tout (rodney!) topped with a griddled egg, onion & coriander.

Chippy Tea Croquettes

Cod, mash and mushy pea pool ball sized croquettes with 'no anchovy' house tartare.

Japanese Katsu Chicken Popcorn Bites

Breaded chicken bites topped with house Japanese katsu curry sauce.

Turkish Spiced Lamb Koftas (GFA))

Spiced minced lamb kebabs on Middle Eastern cous cous drizzled with yoghurt & mint.

Middle Eastern Chicken Or Halloumi Shawarma (GFA)))

Mouthwatering chicken thigh or halloumi marinated in a dozen Middle Eastern spices & grilled to perfection, chopped & stuffed into a flatbread with salad, minted yoghurt & sriracha sauce.

Chipotle Steak Taco (GFA))

Chipotle marinated steak strips in soft tacos with house salsa & guac.

Crispy Balsamic Tofu & Smoky Chickpea Bowl (V, VE)

Chickpeas marinated in a smoky pesto sauce topped with griddled, balsamic flavoured smoked tofu with toasted pine nuts.

Samosa Chaat (V))

Smashed up veg samosa topped with tamarind & mint chutney, chaat masala & mango powder, naita, pomegranate seeds & sev.

Paneer & Black Chana Roti Bowl (V)

Indian slow cooked black chickpeas topped with paneer cheese, mango chutney & lemon juice on a wholemeal roti bread.

Mustard & Maple Roast Veg With Crumbled Feta (V, GF, VVA)

Maple & wholegrain roasted veg topped with crumbled feta, balsamic glaze & sunflower seeds.

Beetroot, Squash, Lentil & Chestnut Wellie (V, VE)

Served in a puff pastry 'coyt' with redcurrant gravy.

Thai Sweet Potato & Squash Curry (V, VE, GFA))

Red Thai broth of sweet potato, squash, red peppers & onions with mop up flatbread.

THE SIDES

Them Little Sausages 5.5

Cup of baked glazed honey & mustard Brindon's chipolata sausages.

Bang Bang Cauliflower (V, VE) 6

Crispy paprika panko breaded cauli florets with a bang bang sriracha mayo.

Posh Potato Chats 6

Cubed spuds topped with either:

- 3 Cheese, baconaise & bacon crumbles. (V)

- Smoky tomato sauce & fresh parsley. (V, VE, GF)

- Japanese katsu curry sauce & spring onions. (V, VE, GF)

Little Caesar (V, GFA) 6

Romaine lettuce, home-made croutons, caesar dressing, black pepper & parmesan.

Mini Greek (V, VVA, GF) 6

Feta, tomato, black olives, sharp onion & cucumber with olive oil & oregano.

Skin On Fries (V, VE, GF) 3.5

Rice Bowl (V, VE, GF) 3.5

Flatbread (V, VE) 2.5

THE KIDS ARE ALRIGHT

Mac 'N' Cheese Bites 6

Breaded elbow pasta & cheese sauce bites in a crumb coating with house BBQ Sauce.

9" Dog 'N' Fries (Or Veggie/Vegan) 9

Seriously big pork dog in a brioche bun with any sauce you like.

Proper Chicken Popcorn 8

Chicken breast breaded with fries or rice with any sauce you like.

Chippy Tea Pool Balls 8

Cod, mash and mushy pea pool ball sized croquettes with ketchup.

Skin On Fries 3.5

Add cheese if you fancy.

Blackened Corn On The Cob 3

SOLE EVENTS

Smile Council Comedy Club

Every 6 weeks

Never Mind the Bus Stop Music Quiz

Every month

Nowhere Man Live Acoustic

Every month

And many more throughout the year

Ask at the bar for details

THE SPECIALS!

See boards for a rotating array of specials

On when they're on, off when they're gone!

THE SUPERGROUPS

Three suggested dishes for different palates & preferences.

THREE TREES

For a plant inspired diet.

Thai Sweet Potato & Squash Curry (V, VE, GFA)

Mustard & Maple Roast Veg With Crumbled Plant-Based Feta (V, VE, GF)

Beetroot, Squash, Lentil & Chestnut Wellie (V, VE)

Add some bang bang cauli to the mix too for a bit of crunch!

THREE AMIGOS)))

For spice fiends.

Sticky Korean Crispy Chicken

Indonesian Nasi Goreng With Chicken, Prawn Or Veggies

Middle Eastern Chicken Or Halloumi Shawarma (GFA)

Add a little greek or caesar salad to cool the fire.

THREE LIONS

For those who like flavour over fine.

Chippy Tea Croquettes

Salt & Pepper Prawn 'no bread' Taco with Mango Salsa

Crispy Balsamic Tofu & Smoky Chickpea Bowl (V)

Add some posh potato chats to mix it up.